

PLEASE ORDER AT THE COUNTER OR SCAN OR CODE ON TABLE

BREAKFAST

6:30am -12:30pm

TOAST AND SPREADS 8

Cooper tree farm cultured butter, jam, peanut butter or vegemite. (GF)1

2 EGGS YOUR WAY 14.5

Fried or scrambled free range eggs with toasted sourdough & butter optional.

· Check sides for more options

THE CLASSIC 16

Avocado, goat curd, chilli oil, fresh chilli, lemon & coriander on Sourdough toast.

(GF)1, egg 3, salmon pastrami 7.5

(Ve) option almond curd

GRANOLA 17.5 GF

House baked gluten-free granola, yoghurt, seasonal fruits, coconut chips & honey. (Ve) option coconut yoghurt 2

OAT PORRIDGE 17.5

Over night steel cut oats, oat milk, banana, berries, dulce de leche, granola & cinnamon. (Ve) **option** replace dulce de leche for maple

TEFF PANCAKES 21 GF

Ricotta, banana, berries, halva sweet dukkah & maple syrup. bacon 6

SMOKED SALMON ON ROSTI 23.5 GF

Potato rosti w' goat curd, fried egg, beetroot relish, cucumber, dill & lemon oil. bacon 6. avocado 6

CILBIR BAGEL 22.5

Scrambled eggs, avocado, labne, slow roasted cherry tomatoes, chives, dukkah, aleppo pepper & turmeric dressing.

(GF)1, bacon 6, salmon pastrami 7.5

ISRAELI BREAKFAST 25.5

2 eggs of your choice (fried or scrambled), olives, israeli salad, labne, hummus, avocado, green tahini, butter, jam, granola with yoghurt & seasonal fruits.

(GF) 1, bacon 6

SIDES

Almond curd (Ve) 4.5 Feta 4.5 Fresh tomatoes 4.5 Hummus 4.5 Labne 4.5 Roasted cherry tomatoes 4.5 Sautéed spinach 4.5 Smoked eggplant 4.5 Tahini sauce 4.5 Green tahini 4.5 Ricotta 4.5 Goat curd 4.5 Almond Curd 4.5

Halloumi 6 Falafel (3) 6 Sautéed mushroom 6 Avocado 6 Bacon 6 Chorizo 6 Potato rosti (2) 6 Salmon Pastrami 7.5 Chicken Schnitzel 7.5 Grilled Chicken Skewer 7.5 12 hour Slow Cooked Lamb 9

ALL DAY & MEZZE

6:30am until 2:30pm

SHUK SOURDOUGH & PASTRIES ARE BAKED FRESH DAILY!

PLEASE SEE OUR FRONT COUNTER OR ORDER ONLINE SERVED FRESH OR TOASTED WITH YOUR CHOICE OF SPREADS

ISRAELI SALAD 9

Tomato, cucumber, onion, parsley & feta.

HALLOUMI 14.5

Pear, rocket, honey, almonds & aleppo pepper.

LABNE 11

Tomato, basil, chilli oil & pita bread.

FALAFEL SNACK (6) 15

Tahini, hummus & mix of pickles.

HUMMUS 11

Pine nuts, olive oil,

parsley & pita bread.

CHIPS OR SWEET POTATO 9

With tomato sauce & aioli.

PITA BREAD 2.8

SHAKSHUKA 23

eggs, olives & sourdough. GF)₁, lamb 9, smoked eggplant 4.5. chorizo 6, halloumi 6 (ve) option with tofu, eggplant & spinach

HUMSHUKA 23.5

Tomato, capsicum, onion, Hummus, shakshuka sauce, egg, eggplant, tahini, pine nuts, parsley, zhug, olive oil & pita bread. (GF)1, lamb 9 (Ve) option with mushrooms

BRUNCH BOWL 22

Fried egg, mushrooms, broccolini, almond curd, avocado, israeli salad, beetroot relish, pomegranate, hemp seeds, pickled cabbage crispy pita, almonds & herbs. (ve) option with tofu. (GF) 1

HUMMUS LAMB 26.5

Hummus with 12 hours slow cooked lamb pine nuts, pickles, olives, zhug & pita bread. (GF)₁, hard egg 3

HUMMUS SHROOMS 23.5

Hummus with sauteed mushroom, pine nuts, green tahini, hard egg, zhug, pickles & pita bread.

SANDWICHES

ADD SIDE CHIPS 4 With tomato sauce, aioli

THE BACON & EGG 17

Bacon, rocket, aioli & zhug served on Israeli roll. (GF)1

HALLOUMI W' AVOCADO 17.5

Rocket, tomato, relish & green tahini served on Israeli roll (GF)1

CHICKEN SCHNITZEL 18.5

Iceberg lettuce, tomato, zhug, pickled cabbage & aioli served on Israeli roll. (GF) 1, smoked eggplant 2

SHUK WRAP w FALAFEL 16.5 / LAMB 21

Hummus, israeli salad, pickled cabbage, herbs, shredded cabbage, tahini, amba & zhug. (GF)1

STEAK SANDWICH 25

Riverina minute fillet, tomato, lettuce, pickles, cheese & aioli served on ciabatta. (GF)1

LUNCH

FROM 12:00pm

CHECK OUR WEEKLY SPECIALS & SOUPS ON THE **BOARD OR ASK THE WAIT** STAFF.

SHAWARMA SKEWERS 24.5

Shawarma spiced 2 chicken skewers, cabbage & carrot coleslaw, harissa, tahini, pickles & pita bread. (GF)1, add chips 4

Replace chicken with falafel 21

SHUK MEDITERRANEAN PLATE

Chips, hummus, Israeli salad, pickles, tahini & flat bread. (GF)1 CHOOSE YOUR PROTEIN Falafel (4) 24 (Ve) Grilled chicken skewers (2) 26 Chicken schnitzel 25 Riverina minute steak 30 Replace chips for salad

SALADS

NICOISE SALAD 23.5

Iceberg lettuce, hard boiled egg, tuna, cherry tomatoes, cucumber, onions, chickpeas, broccolini, carrots, kalamata olives, lemon dressing, served with sourdough. (GF)1

HALLOUMI & PEAR SALAD 23.5

Mixed leaf, pear, avocado, carrot, cabbage, onion, cherry tomatoes, cucumber, radish, smoked almonds, miso & sesame dressing, served with sourdough. $\widehat{(GF)_1}$

KIND OF CAESAR

Falafel (4) 24 Grilled chicken skewers (2) 26 Chicken Schnizel 25 Riverina minute steak 30 Lettuce, avocado, egg, red radish, fennel, pickled cabbage, parmesan, crispy pita, basil & caesar dressing.











SHUK

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COLD

FRESH SMOOTHIES 10.5

Mango Ginger - Coconut water, mango, banana, ginger

Mixed Berries - Apple juice, mixed berries, banana, lemon, mint

Super Green - Coconut water, avocado, mango, banana, spinach, lemon

Protein Boost - Almond milk, cacao, plant based protein, peanut butter, banana

FRESH SQUEEZED JUICES

Carrot, orange, lemon	8.5
Cucumber, apple, celery, ginger	8.5
Orange juice	7.5
Homemade Lemonade	5 /
Fresh Young Coconut	7.5
Cold pressed Nectar 300ml*	6

OVER ICE

Kids Chocolate Milk (No ice)	4.8
Kids Strawberry Milk (No ice)	4.8
Iced Latte / Long Black / Mocha	6.5
Cold Brew	6.5
Iced Chocolate	6
Iced Matcha	8
Iced Strawberry Matcha	9
Pomegranate Lime Soda	6
Lemon Lime Bitters	6

SOFT

Still Water	3.5
Coke	3.5
Capi Soda*	4
San Pellegrino	6
Remedy Kombucha 330ml*	5.5
*Please ask our wait staff for available	le flavours

ALCOHOL

COCKTAILS Aperol Spritz Prosecco, Aperol & Soda 15 Mimosa Orange Juice & Prosecco 10 Apple Martini 15 Bloody Mary Hot Tomato Juice & Spices, Vodka 15 Rose Gin - Gin, Rose Syrup, Soda, Berries 15 12.5 Vodka lime & soda Gin & Tonic Bombay Sapphire, Tonic 12.5 Moscow Stalion, Vodka, Lime, Ginger Beer 16

SPARKLING	Glass	Bottle
Prosecco Bandini NV, ITA	11	55

WHITE

Totara Sauv. Blanc Marlborough AU	11	52
Mountadam, Pinot Gris Eden Vallet, AU		60
Tar & Roses, Pinot Grigio Central Vic, AU		52

ROSE

AIX Rose Proven	ce Fr	ance 201	8 14	64
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RED

14	64
	64
	64
	14

BEER

Asahi Super Dry	9.5
Stone & wood Pacific Ale	10
4 Pines Pale Ale	10
Apple Cider	9.5

HOT DRINKS

LRG

5.2

5.2

5

5.2

5.2

5.2

5.2

6.2

COFFEES	REG
Flat White	4.5
Latte	4.5
Turmeric Latte	4.3
Piccolo Latte	4.5
Mocha	4.5
Cappuccino	4.5
Long Black	4.5
Macchiato	4.5
Short Black	3.8
Hot Chocolate	4.5
Matcha	
Babychino	1.5
Almond, Soy,Oat milk	0.5
Extra shot or Decaf	0.5
vanilla	0.5
caramel	0.5
Hazelnut Syrup	0.5

BLACK TEAS

Earl Grey	5
English Breakfast	5

CHAI BY SHUK

5.5

Fresh ginger, cinnamon, Indian tea, cardamom, bay leaf, allspice, fennel seed, honey & your choice of milk

HERBAL TEAS

Green Tea	5
Peppermint	-
Fresh Mint	5
	5
Lemongrass Ginger	5
Chamomile	5

The Real Review

BY THE GLASS 12

Nova Vita Firebird Pinot Gris 2023 #1 of 29 2023 Pinot Gris from Adelaide Hills Palish salmon-pink colour; strawberry bonbon, dried strawberry and autumnal leaf-litter aromas, quite complex bouquet. The wine is

bon, dried strawberry and autumnal leaf-litter aromas, quite complex bouquet. The wine is full and rich in the mouth, with generous flavour and seemingly high alcohol, an impression of opulence on the aftertaste. There's a salty/saline aspect as well which works with the acidity to give a most unusual mouth-feel. A very compelling wine. 92/100 HH

Handpicked Wines Regional Selections McLaren Vale Shiraz 2022

#39 of 45 2022 Shiraz from McLaren Vale
Deep red-purple colour; bright. Roast meat
overtones to the spicy, and dark berry flavours,
funky sulfides are a part of the bouquet. Quite
rich and deep on the palate, the taste intense
and quite ong on the follow-through. Attractive young wine, at least on the palate, with
good fruit balanced by gentle sandy tannins.
89/100 HH











